

Bon Secours Hospice Bereavement Services

Fall 2021

Dear families and friends,

You have been on the hearts and minds of the hospice staff as you navigate the loss of a loved one during these challenging times. The death loss of a loved one is a life-altering experience, especially in the first year after a death. Bon Secours Hospice is committed to supporting you in your grief and to connecting you with others who have had similar experiences. Due to COVID social distancing precautions, we are not offering in-person grief programs right now, but here are online bereavement services to consider:

Online Adult Grief Support Groups are led by counselors who facilitate discussion about common experiences and emotions after a loss, along with healthy ways to grieve and move forward. These four-week groups will not meet in person but will use Zoom video conferencing to interact. If your loss was at least three months prior to the start of the group and you are interested, call or email to reserve your place.

General Loss Support Group (on Zoom)
Tuesdays (3:30 - 5 pm) November 2 - 23, 2021

Young Adult (Ages 18-30) Grief Discussion Group (on Zoom)
January 2022; *details to be determined*

Loss of a Spouse Support Group (on Zoom)
January 2022; *details to be determined*

Counseling Appointments by telephone or Zoom can be scheduled for hospice family members including children, teens, adults, and families. Referral information is also available.

Online Holiday Memorial Service: This online service will be a gathering of hospice families and staff including special music, an encouraging message, and helpful information about coping with grief during the holiday season. There will also be a time of remembrance to honor loved ones who have died, plus optional sharing in small discussion groups. Register by December 2 to receive the Zoom link.

Online Holiday Memorial Service
Tuesday, December 7 at 7 pm (on Zoom)