

Bon Secours Hospice Bereavement Services

Fall 2022

Our team has been holding you in our hearts as you navigate the death of your loved one. You are invited to the online programs below to connect with others navigating life after loss. Register in advance by emailing or calling us using the contact info below.

Grief Workshops are facilitated by a staff counselor about a specific topic including a small group discussion. These will be held on Zoom for adults whose loved ones died within the past 18 months.

Kids & Grief

Tuesday, September 20 (4 - 5:30 pm)

Learn how children and teens process loss plus explore ways to support them

What's Normal in Grief?

Tuesday, October 18 (4 - 5:30 pm)

Learn about common grief reactions, helpful coping strategies, and ways to navigate life after loss

Rediscovering Care of Self After Loss

Tuesday, November 15 (4 - 5:30 pm)

Learn about ways to nurture yourself after caregiving

Holiday Grief Workshop

Tuesday, December 13 (4 - 5 pm)

Join us for small group discussions about holiday memories, concerns, and strategies after loss

Adult Grief Support Groups are led by counselors who facilitate discussion about common experiences and emotions after a loss, along with healthy ways to grieve and move forward.

Spouse Loss Group (on Zoom)

Wednesdays (1 - 2:30 pm) September 21 - October 26, 2022

Parent Loss Group (on Zoom)

Tuesdays (4 - 5:30 pm) September 27 - November 8, 2022

Online Holiday Memorial Service: This online service will be a gathering of hospice families and staff including special music, an encouraging message, and helpful information about coping with grief during the holiday season. There will also be a time of remembrance to honor loved ones who have died, plus optional sharing in small discussion groups. Register by December 2 to receive the Zoom link.

Online Holiday Memorial Service

Wednesday, December 7 (7 - 8:30 pm)

Counseling Appointments by telephone or Zoom can be scheduled for hospice family members including children, teens, adults, and families. Referral information is also available.